



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Stutzig, Henrik

Club: Katholische Laufjugend Arnstadt

Number: 381

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M35

Total time: 50:13

Speed: 11.95 km/h

Running performance: 4:47 min/km

Rank in course/Total: 32 (of 110)

Rank in course/Men: 29 (of 86)

Best time in course: 37:08

Rank in category: 5(of 5)

Best time in the category: 40:45