



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau

Number: 324

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 50:28

Speed: 11.89 km/h

Running performance: 4:49 min/km

Rank in course/Total: 33 (of 110)

Rank in course/Men: 30 (of 86)

Best time in course: 37:08

Rank in category: 3(of 9)

Best time in the category: 41:15