



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Kaufmann, Jürgen

Club: Germania Neustadt

Number: 398

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M45

Total time: 50:45

Speed: 11.82 km/h

Running performance: 4:50 min/km

Rank in course/Total: 34 (of 110)

Rank in course/Men: 31 (of 86)

Best time in course: 37:08

Rank in category: 6(of 16)

Best time in the category: 39:56