



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

Schönlebe, Reiner

Club: Apoldaer LV 90

Number: 322

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M60

Total time: 51:32

Speed: 12.23 km/h

Running performance: 4:55 min/km

Rank in course/Total: 37 (of 110)

Rank in course/Men: 34 (of 86)

Best time in course: 37:08

Rank in category: 2(of 5)

Best time in the category: 45:46