



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Schmid, Jörg**

Club: Rennsteiglaufverein Arnstadt

Number: 331

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 51:49

Speed: 11.58 km/h

Running performance: 4:56 min/km

Rank in course/Total: 39 (of 110)

Rank in course/Men: 36 (of 86)

Best time in course: 37:08

Rank in category: 5(of 9)

Best time in the category: 41:15