



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Hiller, Manfred

Club: Nofretete e.V.

Number: 358

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M55

Total time: 52:18

Speed: 11.47 km/h

Running performance: 4:59 min/km

Rank in course/Total: 41 (of 110)

Rank in course/Men: 38 (of 86)

Best time in course: 37:08

Rank in category: 3(of 11)

Best time in the category: 47:38