



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Beckmann, Reiner**

Club: LSV Lok Arnstadt

Number: 344

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M20

Total time: 52:43

Speed: 11.38 km/h

Running performance: 5:01 min/km

Rank in course/Total: 45 (of 110)

Rank in course/Men: 42 (of 86)

Best time in course: 37:08

Rank in category: 9(of 11)

Best time in the category: 37:08