



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 333

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 53:47

Speed: 11.16 km/h

Running performance: 5:07 min/km

Rank in course/Total: 48 (of 110)

Rank in course/Men: 45 (of 86)

Best time in course: 37:08

Rank in category: 6(of 9)

Best time in the category: 41:15