



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Neske, Raimund

Club: Sportteam Steinbach

Number: 347

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M50

Total time: 53:54

Speed: 11.13 km/h

Running performance: 5:08 min/km

Rank in course/Total: 49 (of 110)

Rank in course/Men: 46 (of 86)

Best time in course: 37:08

Rank in category: 7(of 9)

Best time in the category: 41:15