



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Thiele, Gabi

Club: WSV Ilmenau

Number: 332

Course: 10.50 km

10,5 km-Lauf

Category:

Frauen W40

Total time: 54:45

Speed: 10.96 km/h

Running performance: 5:13 min/km

Rank in course/Total: 54 (of 110)

Rank in course/Women: 4 (of 24)

Best time in course: 44:41

Rank in category: 1(of 6)

Best time in the category: 54:45