



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Amarell, Ludwig

Club: GMRV Lg Süd

Number: 353

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M75

Total time: 55:28

Speed: 10.82 km/h

Running performance: 5:17 min/km

Rank in course/Total: 57 (of 110)

Rank in course/Men: 52 (of 86)

Best time in course: 37:08

Rank in category: 1(of 2)

Best time in the category: 55:28