



6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

Detailed evaluation

Denner, Mathias

Club: Soziale Arbeit Lauft

Number: 379

Course: 10.50 km

10,5 km-Lauf

Category:

Manner M20

Total time: 55:28

Speed: 10.82 km/h

Running performance: 5:17 min/km

Rank in course/Total: 58 (of 110)

Rank in course/Men: 53 (of 86)

Best time in course: 37:08

Rank in category: 11(of 11)

Best time in the category: 37:08