



## 6. Lauf "Rund um Frauenwald"

Frauenwald / 13.08.2011

### Detailed evaluation

**Sauerbrey, Klaus**

Club: Obermassfeld

Number: 391

Course: 10.50 km

10,5 km-Lauf

Category:

Männer M55

Total time: 55:43

Speed: 10.77 km/h

Running performance: 5:19 min/km

Rank in course/Total: 59 (of 110)

Rank in course/Men: 54 (of 86)

Best time in course: 37:08

Rank in category: 5(of 11)

Best time in the category: 47:38