



8. Werraenergie Pleßlauf

Breitungen / 21.08.2011

Detailed evaluation

Hartmann-Schmidt, Ronny

Club: VR-Bank-Bad-Salzungen

Number: 537

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:53:51

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 20 (of 58)

Rank in course/Men: 20 (of 47)

Best time in course: 1:18:38

Rank in category: 2(of 2)

Best time in the category: 1:33:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Pleß	13.00	1:15:37	5:48	2	12:56	20	23:00	13.00	1:15:37	5:48	2	12:56	44	
Festplatz	8.10	38:14	4:43	2	7:52	27	12:13	21.10	1:53:51	5:23	2	20:48	20	35:13