



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Zeidler, Fabian

Club: FC Einheit Wernigerode

Number: 637

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Jugend B

Total time: 46:19

Speed: 11.66 km/h

Running performance: 4:49 min/km

Rank in course/Total: 35 (of 149)

Rank in course/Men: 33 (of 107)

Best time in course: 33:05

Rank in category: 5(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 23:50 | 5:48 | 6 | 4:57 | 41 | 7:35 | 4.10 | 23:50 | 5:48 | 5 | 4:57 | 33 | 7:35 |
| Loddenke | 2.20 | 9:33 | 4:20 | 5 | 1:49 | 39 | 2:51 | 6.30 | 33:23 | 5:17 | 5 | 6:46 | 33 | 10:26 |
| Ilsenburg/Markt | 3.30 | 12:56 | 3:55 | 3 | 1:42 | 22 | 2:48 | 9.60 | 46:19 | 4:49 | 5 | 8:28 | 33 | 13:14 |