



41. Brockenlauf, 21. Ilsesteinlauf

Ilsenburg / 03.09.2011

Detailed evaluation

Zeidler, Fabian

Club: FC Einheit Wernigerode

Number: 637

Course: 9.60 km

Ilsesteinlauf

Category:

männliche Jugend B

Total time: 46:19

Speed: 11.66 km/h

Running performance: 4:49 min/km

Rank in course/Total: 35 (of 149)

Rank in course/Men: 33 (of 107)

Best time in course: 33:05

Rank in category: 5(of 7)

Best time in the category: 37:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:50	5:48	6	4:57	41	7:35	4.10	23:50	5:48	5	4:57	33	7:35
Loddenke	2.20	9:33	4:20	5	1:49	39	2:51	6.30	33:23	5:17	5	6:46	33	10:26
Ilsenburg/Markt	3.30	12:56	3:55	3	1:42	22	2:48	9.60	46:19	4:49	5	8:28	33	13:14