



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Sakuth, Holger

Club: M&H Rennsteigteam
Number: 23

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:42:37

Speed: 9.94 km/h
Running performance: 6:02 min/km

Rank in course/Total: 70 (of 91)

Rank in course/Men: 61 (of 73)

Best time in course: 1:07:21

Rank in category: 13(of 16)

Best time in the category: 1:13:23