



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Seydlitz, Lisa

Club: Eufemiano-Fuentes-Stiftung  
Number: 586

Course: 6.00 km  
6 km Run

Category:  
Frauen (20-29 Jahre)

Total time: 34:26

Speed: 10.45 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 74 (of 175)

Rank in course/Women: 25 (of 95)

Best time in course: 24:14

Rank in category: 6(of 14)

Best time in the category: 30:51