



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Grenner-Kern, Karen

Club: Mannheim
Number: 553

Course: 6.00 km
6 km Run

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 45:01

Speed: 8.00 km/h
Running performance: 7:30 min/km

Rank in course/Total: 163 (of 175)

Rank in course/Women: 88 (of 95)

Best time in course: 24:14

Rank in category: 17(of 17)

Best time in the category: 32:15