



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Moldenhauer, Frank

Club: Ilmenau

Number: 333

Course: 14.60 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:30:23

Speed: 9.29 km/h

Running performance: 6:11 min/km

Rank in course/Total: 83 (of 98)

Rank in course/Men: 71 (of 79)

Best time in course: 56:33

Rank in category: 9(of 9)

Best time in the category: 59:23