



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Noll, Jonas

Club: SV normania Treffurt

Number: 519

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 48:30

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 22 (of 119)

Rank in course/Men: 22 (of 90)

Best time in course: 37:01

Rank in category: 5(of 15)

Best time in the category: 43:20