



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Otto, Karl Andreas

Club: WSV 07 Steinbach

Number: 425

Course: 10.50 km

10,5 km-Lauf

Category:

Senioren M45

Total time: 57:34

Speed: 10.42 km/h

Running performance: 5:29 min/km

Rank in course/Total: 71 (of 119)

Rank in course/Men: 62 (of 90)

Best time in course: 37:01

Rank in category: 12(of 15)

Best time in the category: 43:20