



## 9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

### Detailed evaluation

Rauchmaul, Sascha

Number: 539

Course: 10.50 km  
10,5 km-Lauf

Category:  
Senioren M40

Total time: 59:55

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 80 (of 119)

Rank in course/Men: 67 (of 90)

Best time in course: 37:01

Rank in category: 13(of 14)

Best time in the category: 46:05