



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Lauftreff Altensteiner Park 2

Club: Lauftreff Altensteiner Park 2

Number: 302

Course: 31.50 km

3 x 10,5 km

Category:

Männerstaffel

Total time: 3:30:17

Speed: 8.85 km/h

Running performance: 6:41 min/km

Rank in course/Total: 2 (of 3)

Rank in course/Total: 2 (of 3)

Best time in course: 3:16:58

Rank in category: 2(of 3)

Best time in the category: 3:16:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel 1	10.50	1:17:53	7:25	3	7:31	3	7:31	10.50	1:17:53	7:25	2	7:31	2	7:31
Wechsel 2	10.50	1:17:57	7:25	2	12:27	2	12:27	21.00	2:35:50	7:25	2	19:58	2	19:58
Festplatz	10.50	54:27	5:11	1	-	1	-	31.50	3:30:17	6:40	2	13:19	2	13:19