



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Roscher, Peter

Club: Schweina

Number: 903

Course: 30.00 km

30 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 4:29:41

Speed: 6.67 km/h

Running performance: 8:59 min/km

Rank in course/Total: 3 (of 4)

Rank in course/Men: 2 (of 3)

Best time in course: 4:05:40

Rank in category: 2 (of 3)

Best time in the category: 4:05:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Pleß	18.00	2:38:58	8:49	2	15:38	2	15:38	18.00	2:38:58	8:49	2	15:38	2	15:38
Pleß	4.00	38:56	9:43	2	4:36	2	4:36	22.00	3:17:54	8:59	2	20:14	2	20:14
Festplatz	8.00	1:11:47	8:58	2	3:47	2	3:47	30.00	4:29:41	8:59	2	24:01	2	24:01