



9. Werraenergie Pleßlauf

Breitungen / 19.08.2012

Detailed evaluation

Kaiser, Bernd

Club: Bärfelder Säcke

Number: 478

Course: 10.50 km

10 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:35:52

Speed: 6.26 km/h

Running performance: 9:08 min/km

Rank in course/Total: 8 (of 15)

Rank in course/Men: 4 (of 7)

Best time in course: 1:20:34

Rank in category: 4(of 7)

Best time in the category: 1:20:34