



16. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2012

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg
Number: 1918

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 39:52

Speed: 15.05 km/h
Running performance: 3:59 min/km

Rank in course/Total: 15 (of 161)

Rank in course/Men: 15 (of 133)

Best time in course: 33:29

Rank in category: 3(of 22)

Best time in the category: 38:16