



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Puzik, David

Club: Schweinfurt
Number: 19

Course: 26.20 km
Brockenlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:39:47

Speed: 9.76 km/h
Running performance: 6:06 min/km

Rank in course/Total: 257 (of 426)

Rank in course/Men: 237 (of 371)

Best time in course: 1:42:20

Rank in category: 24(of 28)

Best time in the category: 1:53:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:27	5:35	19	4:20	166	6:01	3.30	18:27	5:35	6	1:26	237	6:01
Schlüsie	3.10	20:27	6:35	19	4:50	202	7:01	6.40	38:54	6:04	6	2:57	205	13:02
Hermannsklippe	2.60	17:44	6:49	17	4:12	175	5:59	9.00	56:38	6:17	6	3:40	237	19:01
Brocken	3.10	28:49	9:17	18	8:05	175	10:43	12.10	1:25:27	7:03	6	3:20	237	29:44
Eiserner Handwe	3.60	20:34	5:42	26	7:21	271	8:36	15.70	1:46:01	6:45	6	5:18	237	37:38
Schlüsie	4.10	19:50	4:50	25	7:10	281	7:54	19.80	2:05:51	6:21	6	8:18	237	44:53
Loddenke	3.10	16:29	5:19	27	5:38	300	6:16	22.90	2:22:20	6:12	6	10:31	237	51:09
Ilseburg/Markt	3.30	17:27	5:17	23	5:35	287	6:18	26.20	2:39:47	6:05	24	46:01	237	57:27