



33. Wartburglauf  
Eisenach / 23.09.2012

## Detailed evaluation

Urban, Heike

Club: VfL 28 Ellrich  
Number: 106

Course: 12.50 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:11:08

Speed: 10.12 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 160 (of 215)

Rank in course/Women: 33 (of 57)

Best time in course: 55:08

Rank in category: 13(of 20)

Best time in the category: 59:37