



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Herbert, Clemens

Club: eHygiene.de
Number: 273

Course: 42.18 km
Marathon

Category:
Männer M35

Total time: 3:51:21

Speed: 10.89 km/h
Running performance: 5:29 min/km

Rank in course/Total: 45 (of 305)

Rank in course/Men: 43 (of 271)

Best time in course: 3:01:21

Rank in category: 7(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:33	3:06	8	0:24	53	0:24	0.50	1:33	3:06	26		48	
Runde	3.47	18:05	5:12	8	3:52	81	4:34	3.97	19:38	4:56	26		61	
Runde	3.47	18:22	5:17	9	3:55	80	4:08	7.44	38:00	5:06	26		3	
Runde	3.47	18:42	5:23	8	3:50	78	15:33	10.91	56:42	5:11	26		58	
Runde	3.47	18:53	5:26	9	3:44	83	4:32	14.38	1:15:35	5:15	26		56	
Runde	3.47	18:47	5:24	8	3:23	65	4:22	17.85	1:34:22	5:17	26		55	0:20
Runde	3.47	18:56	5:27	7	3:19	53	4:21	21.32	1:53:18	5:18	26		54	26:10
Runde	3.47	19:21	5:34	7	3:51	49	4:49	24.79	2:12:39	5:21	26		54	30:36
Runde	3.47	19:13	5:32	5	3:26	37	4:48	28.26	2:31:52	5:22	26		49	34:35
Runde	3.47	19:31	5:37	6	3:48	34	4:32	31.73	2:51:23	5:24	26		47	37:52
Runde	3.47	19:54	5:44	5	4:07	31	4:27	35.20	3:11:17	5:26	26		43	37:07
Runde	3.47	20:06	5:47	3	4:14	23	4:14	38.67	3:31:23	5:27	26		42	46:15
Finish	3.47	19:58	5:45	4	4:22	31	4:22	42.18	3:51:21	5:29	7	46:01	43	50:00