



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Detto, Silvio

Club: sportTREND Ultralaufteam
Number: 2

Course: 42.18 km
Marathon

Category:
Männer M40

Total time: 3:57:16

Speed: 10.62 km/h
Running performance: 5:37 min/km

Rank in course/Total: 54 (of 305)

Rank in course/Men: 50 (of 271)

Best time in course: 3:01:21

Rank in category: 8(of 54)

Best time in the category: 3:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:52	3:44	21	0:43	111	0:43	0.50	1:52	3:44	37	0:08	64	
Runde	3.47	14:10	4:04	3	0:05	11	0:39	3.97	16:02	4:02	38		68	
Runde	3.47	15:44	4:32	3	1:19	23	1:30	7.44	31:46	4:16	38		66	
Runde	3.47	16:13	4:40	3	1:43	24	13:04	10.91	47:59	4:23	37		65	
Runde	3.47	16:44	4:49	3	2:23	25	2:23	14.38	1:04:43	4:30	35		63	
Runde	3.47	17:12	4:57	3	2:23	25	2:47	17.85	1:21:55	4:35	35		62	
Runde	3.47	18:00	5:11	5	3:00	36	3:25	21.32	1:39:55	4:41	35		61	12:47
Runde	3.47	19:04	5:29	8	3:18	45	4:32	24.79	1:58:59	4:47	35		61	16:56
Runde	3.47	19:55	5:44	11	3:22	54	5:30	28.26	2:18:54	4:54	35		56	21:37
Runde	3.47	22:16	6:25	17	4:46	88	7:17	31.73	2:41:10	5:04	34		54	27:39
Runde	3.47	23:32	6:46	18	5:39	106	8:05	35.20	3:04:42	5:14	34		50	30:32
Runde	3.47	24:35	7:05	18	7:00	113	8:43	38.67	3:29:17	5:24	34		49	44:09
Finish	3.47	27:59	8:03	37	11:03	195	12:23	42.18	3:57:16	5:37	8	45:34	50	55:55