



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

neugebauer, alfred

Club: Team Erdinger Alkoholfrei
Number: 147

Course: 42.18 km
Marathon

Category:
Männer M40

Total time: 3:58:10

Speed: 10.58 km/h
Running performance: 5:39 min/km

Rank in course/Total: 56 (of 305)

Rank in course/Men: 52 (of 271)

Best time in course: 3:01:21

Rank in category: 9(of 54)

Best time in the category: 3:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:53	3:46	23	0:44	116	0:44	0.50	1:53	3:46	14	0:09	70	
Runde	3.47	17:24	5:00	10	3:19	59	3:53	3.97	19:17	4:51	13		70	
Runde	3.47	17:55	5:09	12	3:30	61	3:41	7.44	37:12	5:00	39		68	
Runde	3.47	17:47	5:07	8	3:17	51	14:38	10.91	54:59	5:02	38		67	
Runde	3.47	18:13	5:14	12	3:52	59	3:52	14.38	1:13:12	5:05	36		65	
Runde	3.47	19:02	5:29	16	4:13	72	4:37	17.85	1:32:14	5:10	36		64	
Runde	3.47	18:54	5:26	9	3:54	52	4:19	21.32	1:51:08	5:12	36		63	24:00
Runde	3.47	20:59	6:02	18	5:13	92	6:27	24.79	2:12:07	5:19	36		63	30:04
Runde	3.47	20:54	6:01	15	4:21	72	6:29	28.26	2:33:01	5:24	36		58	35:44
Runde	3.47	21:04	6:04	12	3:34	60	6:05	31.73	2:54:05	5:29	35		56	40:34
Runde	3.47	22:24	6:27	12	4:31	71	6:57	35.20	3:16:29	5:34	35		52	42:19
Runde	3.47	21:24	6:10	7	3:49	47	5:32	38.67	3:37:53	5:38	35		51	52:45
Finish	3.47	20:17	5:50	5	3:21	36	4:41	42.18	3:58:10	5:38	9	46:28	52	56:49