



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Hülshorst, Martin

Club: Laufgruppe Dresden
Number: 374

Course: 42.18 km
Marathon

Category:
Männer M20

Total time: 4:00:45

Speed: 10.47 km/h
Running performance: 5:43 min/km

Rank in course/Total: 62 (of 305)

Rank in course/Men: 58 (of 271)

Best time in course: 3:01:21

Rank in category: 6(of 23)

Best time in the category: 3:15:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:05	4:10	16	0:56	161	0:56	0.50	2:05	4:10	17	0:28	75	
Runde	3.47	19:59	5:45	14	6:20	162	6:28	3.97	22:04	5:33	17	1:09	75	
Runde	3.47	20:09	5:48	14	5:53	144	5:55	7.44	42:13	5:40	17	0:55	73	
Runde	3.47	19:02	5:29	12	4:45	89	15:53	10.91	1:01:15	5:36	17	0:15	72	
Runde	3.47	18:02	5:11	10	3:37	55	3:41	14.38	1:19:17	5:30	17		70	
Runde	3.47	18:03	5:12	9	3:38	45	3:38	17.85	1:37:20	5:27	17		69	3:18
Runde	3.47	19:29	5:36	10	4:54	67	4:54	21.32	1:56:49	5:28	17		68	29:41
Runde	3.47	19:26	5:36	7	4:31	51	4:54	24.79	2:16:15	5:29	17		68	34:12
Runde	3.47	20:20	5:51	8	5:06	59	5:55	28.26	2:36:35	5:32	17		63	39:18
Runde	3.47	22:16	6:25	10	6:02	88	7:17	31.73	2:58:51	5:38	17		61	45:20
Runde	3.47	21:19	6:08	6	3:38	49	5:52	35.20	3:20:10	5:41	17		57	46:00
Runde	3.47	20:48	5:59	7	2:25	35	4:56	38.67	3:40:58	5:42	17		56	55:50
Finish	3.47	19:47	5:42	5	3:40	25	4:11	42.18	4:00:45	5:42	6	45:23	58	59:24