



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Bartkowski, Mario

Club: Sehnde

Number: 381

Course: 42.18 km

Marathon

Category:

Männer M35

Total time: 4:17:15

Speed: 9.80 km/h

Running performance: 6:06 min/km

Rank in course/Total: 104 (of 305)

Rank in course/Men: 98 (of 271)

Best time in course: 3:01:21

Rank in category: 13(of 32)

Best time in the category: 3:05:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:42	3:23	10	0:33	72	0:33	0.50	1:42	3:23	20		57	
Runde	3.47	18:23	5:17	10	4:10	88	4:52	3.97	20:05	5:03	20		117	
Runde	3.47	18:51	5:25	11	4:24	99	4:37	7.44	38:56	5:13	20		115	
Runde	3.47	19:54	5:44	16	5:02	127	16:45	10.91	58:50	5:23	20		114	
Runde	3.47	20:22	5:52	15	5:13	132	6:01	14.38	1:19:12	5:30	20		112	
Runde	3.47	19:52	5:43	12	4:28	100	5:27	17.85	1:39:04	5:32	20		111	5:02
Runde	3.47	20:28	5:53	13	4:51	105	5:53	21.32	1:59:32	5:36	20		110	32:24
Runde	3.47	21:43	6:15	15	6:13	119	7:11	24.79	2:21:15	5:41	20		110	39:12
Runde	3.47	22:35	6:30	14	6:48	123	8:10	28.26	2:43:50	5:47	20		105	46:33
Runde	3.47	24:20	7:00	18	8:37	153	9:21	31.73	3:08:10	5:55	20		103	54:39
Runde	3.47	22:25	6:27	11	6:38	72	6:58	35.20	3:30:35	5:58	20		99	56:25
Runde	3.47	25:00	7:12	17	9:08	123	9:08	38.67	3:55:35	6:05	20		98	1:10:27
Finish	3.47	21:40	6:14	9	6:04	61	6:04	42.18	4:17:15	6:05	13	1:11:55	98	1:15:54