



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

Süß, Rene

Club: sportversorgung-suess.de  
Number: 142

Course: 42.18 km  
Marathon

Category:  
Männer M30

Total time: 4:22:07

Speed: 9.61 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 116 (of 305)

Rank in course/Men: 108 (of 271)

Best time in course: 3:01:21

Rank in category: 15(of 34)

Best time in the category: 3:01:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:23	4:46	29	1:13	212	1:14	0.50	2:23	4:46	26		13	
Runde	3.47	21:44	6:15	29	7:38	223	8:13	3.97	24:07	6:04	33	0:10	128	
Runde	3.47	20:06	5:47	20	5:27	142	5:52	7.44	44:13	5:56	33		126	
Runde	3.47	20:13	5:49	23	5:27	144	17:04	10.91	1:04:26	5:54	5		125	
Runde	3.47	20:27	5:53	21	5:30	136	6:06	14.38	1:24:53	5:54	33		123	
Runde	3.47	20:53	6:01	23	5:58	146	6:28	17.85	1:45:46	5:55	33		122	11:44
Runde	3.47	21:21	6:09	19	6:23	136	6:46	21.32	2:07:07	5:57	33		121	39:59
Runde	3.47	22:41	6:32	24	8:09	158	8:09	24.79	2:29:48	6:02	33		121	47:45
Runde	3.47	22:19	6:25	17	7:54	115	7:54	28.26	2:52:07	6:05	33		116	54:50
Runde	3.47	22:33	6:29	14	7:34	100	7:34	31.73	3:14:40	6:08	33		114	1:01:09
Runde	3.47	22:27	6:28	8	7:00	75	7:00	35.20	3:37:07	6:10	33		110	1:02:57
Runde	3.47	23:10	6:40	10	6:56	78	7:18	38.67	4:00:17	6:12	33		109	1:15:09
Finish	3.47	21:50	6:17	6	5:37	68	6:14	42.18	4:22:07	6:12	15	1:20:46	108	1:20:46