



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Köhnke, Jan

Club: TSV Rittershausen
Number: 266

Course: 42.18 km
Marathon

Category:
Männer M35

Total time: 4:26:17

Speed: 9.46 km/h
Running performance: 6:19 min/km

Rank in course/Total: 130 (of 305)

Rank in course/Men: 122 (of 271)

Best time in course: 3:01:21

Rank in category: 17(of 32)

Best time in the category: 3:05:20

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|-------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 0.50 | 1:50 | 3:39 | 16 | 0:41 | 107 | 0:41 | 0.50 | 1:50 | 3:39 | 16 | | | 111 |
| Runde | 3.47 | 19:48 | 5:42 | 20 | 5:35 | 146 | 6:17 | 3.97 | 21:38 | 5:26 | 16 | 0:06 | | 142 |
| Runde | 3.47 | 20:28 | 5:53 | 21 | 6:01 | 163 | 6:14 | 7.44 | 42:06 | 5:39 | 16 | 0:23 | | 110 |
| Runde | 3.47 | 20:15 | 5:50 | 21 | 5:23 | 147 | 17:06 | 10.91 | 1:02:21 | 5:42 | 16 | 0:35 | | 139 |
| Runde | 3.47 | 20:32 | 5:55 | 18 | 5:23 | 142 | 6:11 | 14.38 | 1:22:53 | 5:45 | 16 | | | 137 |
| Runde | 3.47 | 20:15 | 5:50 | 14 | 4:51 | 112 | 5:50 | 17.85 | 1:43:08 | 5:46 | 16 | | | 136 9:06 |
| Runde | 3.47 | 20:58 | 6:02 | 17 | 5:21 | 120 | 6:23 | 21.32 | 2:04:06 | 5:49 | 16 | | | 135 36:58 |
| Runde | 3.47 | 22:46 | 6:33 | 20 | 7:16 | 163 | 8:14 | 24.79 | 2:26:52 | 5:55 | 16 | | | 135 44:49 |
| Runde | 3.47 | 22:41 | 6:32 | 17 | 6:54 | 128 | 8:16 | 28.26 | 2:49:33 | 5:59 | 16 | | | 130 52:16 |
| Runde | 3.47 | 22:58 | 6:37 | 15 | 7:15 | 117 | 7:59 | 31.73 | 3:12:31 | 6:04 | 16 | | | 128 59:00 |
| Runde | 3.47 | 23:31 | 6:46 | 14 | 7:44 | 103 | 8:04 | 35.20 | 3:36:02 | 6:08 | 16 | | | 124 1:01:52 |
| Runde | 3.47 | 25:01 | 7:12 | 18 | 9:09 | 125 | 9:09 | 38.67 | 4:01:03 | 6:14 | 16 | 0:26 | | 123 1:15:55 |
| Finish | 3.47 | 25:14 | 7:16 | 21 | 9:38 | 146 | 9:38 | 42.18 | 4:26:17 | 6:18 | 17 | 1:20:57 | | 122 1:24:56 |