



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

Schaefer, Norbert

Club: Gernsheim  
Number: 346

Course: 42.18 km  
Marathon

Category:  
Männer M50

Total time: 4:32:23

Speed: 9.25 km/h  
Running performance: 6:28 min/km

Rank in course/Total: 159 (of 305)

Rank in course/Men: 149 (of 271)

Best time in course: 3:01:21

Rank in category: 22(of 47)

Best time in the category: 3:13:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:26	4:51	34	1:15	225	1:17	0.50	2:26	4:51	3	0:28	169	
Runde	3.47	18:27	5:19	10	3:21	94	4:56	3.97	20:53	5:15	3	0:21	169	
Runde	3.47	18:45	5:24	11	3:55	96	4:31	7.44	39:38	5:19	2		167	
Runde	3.47	20:42	5:57	20	5:45	163	17:33	10.91	1:00:20	5:31	2		166	
Runde	3.47	20:35	5:55	18	5:28	144	6:14	14.38	1:20:55	5:37	2		164	
Runde	3.47	21:00	6:03	15	5:32	150	6:35	17.85	1:41:55	5:42	2		163	7:53
Runde	3.47	21:45	6:16	17	6:19	151	7:10	21.32	2:03:40	5:48	2		162	36:32
Runde	3.47	22:47	6:33	24	7:20	164	8:15	24.79	2:26:27	5:54	2		137	44:24
Runde	3.47	23:56	6:53	28	8:01	173	9:31	28.26	2:50:23	6:01	12		157	53:06
Runde	3.47	24:14	6:59	25	7:51	149	9:15	31.73	3:14:37	6:08	12		155	1:01:06
Runde	3.47	25:40	7:23	27	8:40	163	10:13	35.20	3:40:17	6:15	12		151	1:06:07
Runde	3.47	26:08	7:31	30	8:22	158	10:16	38.67	4:06:25	6:22	12		150	1:21:17
Finish	3.47	25:58	7:28	33	7:29	165	10:22	42.18	4:32:23	6:27	22	1:19:08	149	1:31:02