



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Meyer, Sascha

Club: gotorun
Number: 256

Course: 42.18 km
Marathon

Category:
Männer M35

Total time: 4:32:56

Speed: 9.23 km/h
Running performance: 6:28 min/km

Rank in course/Total: 160 (of 305)

Rank in course/Men: 150 (of 271)

Best time in course: 3:01:21

Rank in category: 20(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:48	3:36	12	0:39	97	0:39	0.50	1:48	3:36	13		62	
Runde	3.47	20:25	5:53	23	6:12	186	6:54	3.97	22:13	5:35	13	0:41	146	
Runde	3.47	20:15	5:50	20	5:48	152	6:01	7.44	42:28	5:42	13	0:45	168	
Runde	3.47	20:08	5:48	20	5:16	140	16:59	10.91	1:02:36	5:44	13	0:50	113	
Runde	3.47	20:06	5:47	13	4:57	116	5:45	14.38	1:22:42	5:45	13		165	
Runde	3.47	20:06	5:47	13	4:42	107	5:41	17.85	1:42:48	5:45	13		164	8:46
Runde	3.47	20:42	5:57	15	5:05	114	6:07	21.32	2:03:30	5:47	13		119	36:22
Runde	3.47	22:27	6:28	18	6:57	144	7:55	24.79	2:25:57	5:53	13		163	43:54
Runde	3.47	23:40	6:49	22	7:53	165	9:15	28.26	2:49:37	6:00	13		158	52:20
Runde	3.47	25:31	7:21	23	9:48	188	10:32	31.73	3:15:08	6:08	13		156	1:01:37
Runde	3.47	26:29	7:37	23	10:42	182	11:02	35.20	3:41:37	6:17	13	3:27	152	1:07:27
Runde	3.47	26:31	7:38	21	10:39	163	10:39	38.67	4:08:08	6:25	13	7:31	151	1:23:00
Finish	3.47	24:48	7:08	18	9:12	131	9:12	42.18	4:32:56	6:28	20	1:27:36	150	1:31:35