



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Günther, Stefan Michael

Club: in-put GbR - Das Linux-Systemhaus
Number: 219

Course: 42.18 km
Marathon

Category:
Männer M40

Total time: 4:33:22

Speed: 9.22 km/h
Running performance: 6:29 min/km

Rank in course/Total: 162 (of 305)

Rank in course/Men: 152 (of 271)

Best time in course: 3:01:21

Rank in category: 30(of 54)

Best time in the category: 3:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:12	4:24	39	1:03	182	1:03	0.50	2:12	4:24	6	0:28	11	
Runde	3.47	19:13	5:32	27	5:08	120	5:42	3.97	21:25	5:23	6		155	
Runde	3.47	19:21	5:34	26	4:56	111	5:07	7.44	40:46	5:28	6		170	
Runde	3.47	19:47	5:42	29	5:17	120	16:38	10.91	1:00:33	5:32	6		169	
Runde	3.47	20:17	5:50	27	5:56	128	5:56	14.38	1:20:50	5:37	5		167	
Runde	3.47	20:44	5:58	28	5:55	135	6:19	17.85	1:41:34	5:41	5		166	7:32
Runde	3.47	21:11	6:06	27	6:11	133	6:36	21.32	2:02:45	5:45	5		165	35:37
Runde	3.47	22:51	6:35	36	7:05	168	8:19	24.79	2:25:36	5:52	5		165	43:33
Runde	3.47	24:00	6:54	35	7:27	175	9:35	28.26	2:49:36	6:00	5		160	52:19
Runde	3.47	25:09	7:14	33	7:39	176	10:10	31.73	3:14:45	6:08	5		158	1:01:14
Runde	3.47	26:42	7:41	38	8:49	188	11:15	35.20	3:41:27	6:17	5		154	1:07:17
Runde	3.47	25:49	7:26	29	8:14	150	9:57	38.67	4:07:16	6:23	5		153	1:22:08
Finish	3.47	26:06	7:31	28	9:10	166	10:30	42.18	4:33:22	6:28	30	1:21:40	152	1:32:01