



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Manteufel, Volker

Club: Erfurt
Number: 104

Course: 42.18 km
Marathon

Category:
Männer M30

Total time: 4:43:03

Speed: 8.90 km/h
Running performance: 6:43 min/km

Rank in course/Total: 195 (of 305)

Rank in course/Men: 180 (of 271)

Best time in course: 3:01:21

Rank in category: 27(of 34)

Best time in the category: 3:01:21

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 0.50 | 2:25 | 4:49 | 32 | 1:15 | 222 | 1:16 | 0.50 | 2:25 | 4:49 | 11 | | 147 | |
| Runde | 3.47 | 21:10 | 6:05 | 27 | 7:04 | 205 | 7:39 | 3.97 | 23:35 | 5:56 | 11 | | 201 | |
| Runde | 3.47 | 20:43 | 5:58 | 24 | 6:04 | 173 | 6:29 | 7.44 | 44:18 | 5:57 | 11 | | 199 | |
| Runde | 3.47 | 21:16 | 6:07 | 27 | 6:30 | 182 | 18:07 | 10.91 | 1:05:34 | 6:00 | 11 | | 198 | |
| Runde | 3.47 | 23:30 | 6:46 | 32 | 8:33 | 232 | 9:09 | 14.38 | 1:29:04 | 6:11 | 11 | 1:04 | 196 | |
| Runde | 3.47 | 21:48 | 6:16 | 26 | 6:53 | 172 | 7:23 | 17.85 | 1:50:52 | 6:12 | 11 | 0:44 | 161 | 16:50 |
| Runde | 3.47 | 22:32 | 6:29 | 28 | 7:34 | 182 | 7:57 | 21.32 | 2:13:24 | 6:15 | 11 | 1:17 | 160 | 46:16 |
| Runde | 3.47 | 23:23 | 6:44 | 29 | 8:51 | 190 | 8:51 | 24.79 | 2:36:47 | 6:19 | 11 | 2:52 | 160 | 54:44 |
| Runde | 3.47 | 23:34 | 6:47 | 25 | 9:09 | 159 | 9:09 | 28.26 | 3:00:21 | 6:22 | 11 | 3:01 | 189 | 1:03:04 |
| Runde | 3.47 | 23:57 | 6:54 | 22 | 8:58 | 136 | 8:58 | 31.73 | 3:24:18 | 6:26 | 11 | 0:34 | 187 | 1:10:47 |
| Runde | 3.47 | 25:00 | 7:12 | 20 | 9:33 | 145 | 9:33 | 35.20 | 3:49:18 | 6:30 | 11 | | 182 | 1:15:08 |
| Runde | 3.47 | 28:07 | 8:06 | 30 | 11:53 | 197 | 12:15 | 38.67 | 4:17:25 | 6:39 | 11 | 1:49 | 181 | 1:32:17 |
| Finish | 3.47 | 25:38 | 7:23 | 18 | 9:25 | 158 | 10:02 | 42.18 | 4:43:03 | 6:42 | 27 | 1:41:42 | 180 | 1:41:42 |