



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

**Meyer-Carlstädt, Volker**

Club: WSU  
Number: 76

Course: 42.18 km  
Marathon

Category:  
Männer M40

Total time: 4:48:37

Speed: 8.73 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 212 (of 305)

Rank in course/Men: 194 (of 271)

Best time in course: 3:01:21

Rank in category: 36(of 54)

Best time in the category: 3:11:42

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Men
Runde	0.50	2:29	4:58	47	1:20	230	1:20	0.50	2:29	4:58	12	0:45	109	
Runde	3.47	23:20	6:43	52	9:15	259	9:49	3.97	25:49	6:30	12	3:05	215	0:23
Runde	3.47	22:50	6:34	48	8:25	243	8:36	7.44	48:39	6:32	12	3:37	213	4:05
Runde	3.47	21:58	6:19	40	7:28	204	18:49	10.91	1:10:37	6:28	12	2:11	212	2:43
Runde	3.47	21:42	6:15	36	7:21	175	7:21	14.38	1:32:19	6:25	11	0:45	210	
Runde	3.47	21:42	6:15	35	6:53	165	7:17	17.85	1:54:01	6:23	11		209	19:59
Runde	3.47	21:27	6:10	29	6:27	140	6:52	21.32	2:15:28	6:21	11		208	48:20
Runde	3.47	21:38	6:14	22	5:52	115	7:06	24.79	2:37:06	6:20	11		208	55:03
Runde	3.47	22:46	6:33	22	6:13	132	8:21	28.26	2:59:52	6:21	11		203	1:02:35
Runde	3.47	24:24	7:01	29	6:54	155	9:25	31.73	3:24:16	6:26	11		201	1:10:45
Runde	3.47	24:44	7:07	27	6:51	137	9:17	35.20	3:49:00	6:30	11		196	1:14:50
Runde	3.47	28:49	8:18	40	11:14	204	12:57	38.67	4:17:49	6:40	11		195	1:32:41
Finish	3.47	30:48	8:52	45	13:52	226	15:12	42.18	4:48:37	6:50	36	1:36:55	194	1:47:16