



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Dunajski, Rafael

Club: CaBas CaBaNauTeN
Number: 121

Course: 42.18 km
Marathon

Category:
Männer M20

Total time: 4:50:55

Speed: 8.66 km/h
Running performance: 6:54 min/km

Rank in course/Total: 216 (of 305)

Rank in course/Men: 198 (of 271)

Best time in course: 3:01:21

Rank in category: 17(of 23)

Best time in the category: 3:15:22

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 0.50 | 2:16 | 4:31 | 18 | 1:07 | 193 | 1:07 | 0.50 | 2:16 | 4:31 | 5 | 0:39 | 72 | |
| Runde | 3.47 | 20:42 | 5:57 | 16 | 7:03 | 190 | 7:11 | 3.97 | 22:58 | 5:47 | 5 | 2:03 | 219 | |
| Runde | 3.47 | 19:07 | 5:30 | 12 | 4:51 | 108 | 4:53 | 7.44 | 42:05 | 5:39 | 5 | 0:47 | 217 | |
| Runde | 3.47 | 19:57 | 5:44 | 15 | 5:40 | 130 | 16:48 | 10.91 | 1:02:02 | 5:41 | 5 | 1:02 | 216 | |
| Runde | 3.47 | 19:50 | 5:42 | 13 | 5:25 | 107 | 5:29 | 14.38 | 1:21:52 | 5:41 | 5 | 0:36 | 214 | |
| Runde | 3.47 | 20:40 | 5:57 | 16 | 6:15 | 133 | 6:15 | 17.85 | 1:42:32 | 5:44 | 5 | 1:15 | 213 | 8:30 |
| Runde | 3.47 | 20:55 | 6:01 | 15 | 6:20 | 117 | 6:20 | 21.32 | 2:03:27 | 5:47 | 5 | 2:04 | 212 | 36:19 |
| Runde | 3.47 | 22:55 | 6:36 | 18 | 8:00 | 173 | 8:23 | 24.79 | 2:26:22 | 5:54 | 5 | 4:54 | 212 | 44:19 |
| Runde | 3.47 | 25:50 | 7:26 | 20 | 10:36 | 214 | 11:25 | 28.26 | 2:52:12 | 6:05 | 5 | 10:57 | 207 | 54:55 |
| Runde | 3.47 | 30:32 | 8:47 | 20 | 14:18 | 241 | 15:33 | 31.73 | 3:22:44 | 6:23 | 5 | 18:45 | 205 | 1:09:13 |
| Runde | 3.47 | 32:33 | 9:22 | 20 | 14:52 | 242 | 17:06 | 35.20 | 3:55:17 | 6:41 | 5 | 21:04 | 200 | 1:21:07 |
| Runde | 3.47 | 27:47 | 8:00 | 17 | 9:24 | 191 | 11:55 | 38.67 | 4:23:04 | 6:48 | 5 | 25:08 | 199 | 1:37:56 |
| Finish | 3.47 | 27:51 | 8:01 | 17 | 11:44 | 190 | 12:15 | 42.18 | 4:50:55 | 6:53 | 17 | 1:35:33 | 198 | 1:49:34 |