



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

**Glänzer, Ulf**

Club: Bewegungstalente  
Number: 63

Course: 42.18 km  
Marathon

Category:  
Männer M35

Total time: 4:51:05

Speed: 8.66 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 217 (of 305)

Rank in course/Men: 199 (of 271)

Best time in course: 3:01:21

Rank in category: 24(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:38	5:15	31	1:29	257	1:29	0.50	2:38	5:15	9	0:38	187	0:07
Runde	3.47	21:40	6:14	26	7:27	220	8:09	3.97	24:18	6:07	9	2:46	220	
Runde	3.47	21:36	6:13	26	7:09	203	7:22	7.44	45:54	6:10	9	4:11	218	1:20
Runde	3.47	21:59	6:20	27	7:07	205	18:50	10.91	1:07:53	6:13	9	6:07	217	
Runde	3.47	23:00	6:37	27	7:51	216	8:39	14.38	1:30:53	6:19	9	7:39	215	
Runde	3.47	23:02	6:38	28	7:38	212	8:37	17.85	1:53:55	6:22	9	9:34	214	19:53
Runde	3.47	23:28	6:45	26	7:51	204	8:53	21.32	2:17:23	6:26	9	11:17	213	50:15
Runde	3.47	24:10	6:57	26	8:40	210	9:38	24.79	2:41:33	6:31	9	12:36	213	59:30
Runde	3.47	25:31	7:21	27	9:44	210	11:06	28.26	3:07:04	6:37	9	14:53	208	1:09:47
Runde	3.47	25:27	7:20	22	9:44	186	10:28	31.73	3:32:31	6:41	9	15:28	206	1:19:00
Runde	3.47	26:23	7:36	22	10:36	180	10:56	35.20	3:58:54	6:47	9	20:44	201	1:24:44
Runde	3.47	26:55	7:45	23	11:03	177	11:03	38.67	4:25:49	6:52	9	25:12	200	1:40:41
Finish	3.47	25:16	7:16	22	9:40	148	9:40	42.18	4:51:05	6:54	24	1:45:45	199	1:49:44