



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser
Number: 37

Course: 42.18 km
Marathon

Category:
Frauen W45

Total time: 4:52:21

Speed: 8.62 km/h
Running performance: 6:56 min/km

Rank in course/Total: 223 (of 305)

Rank in course/Women: 20 (of 34)

Best time in course: 3:41:58

Rank in category: 4(of 5)

Best time in the category: 3:41:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	0.50	1:59	3:58	2	0:26	14	0:45	0.50	1:59	3:58	4	0:26	6	
Runde	3.47	21:19	6:08	4	3:53	20	4:16	3.97	23:18	5:52	4	4:19	6	
Runde	3.47	21:28	6:11	4	3:58	17	21:10	7.44	44:46	6:01	4	8:17	6	
Runde	3.47	21:54	6:18	4	3:48	18	21:11	10.91	1:06:40	6:06	4	12:05	6	
Runde	3.47	22:23	6:27	4	4:30	17	21:27	14.38	1:29:03	6:11	4	16:35	6	
Runde	3.47	23:38	6:48	4	5:35	20	5:35	17.85	1:52:41	6:18	4	22:10	6	
Runde	3.47	23:52	6:52	4	5:20	20	5:20	21.32	2:16:33	6:24	4	27:30	6	
Runde	3.47	25:46	7:25	5	6:58	23	7:28	24.79	2:42:19	6:32	4	34:28	6	
Runde	3.47	25:53	7:27	5	7:05	23	7:05	28.26	3:08:12	6:39	4	41:33	13	3:22
Runde	3.47	25:57	7:28	4	7:11	20	7:11	31.73	3:34:09	6:44	4	48:44	13	4:20
Runde	3.47	26:41	7:41	4	7:33	21	7:33	35.20	4:00:50	6:50	4	56:17	13	4:27
Runde	3.47	26:49	7:43	4	8:00	23	8:00	38.67	4:27:39	6:55	4	1:04:17	13	5:44
Finish	3.47	24:42	7:07	3	6:06	19	24:15	42.18	4:52:21	6:55	4	1:10:23	20	1:10:23