



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Hansen, Dirk

Club: Leck
Number: 378

Course: 42.18 km
Marathon

Category:
Männer M45

Total time: 5:19:33

Speed: 7.89 km/h
Running performance: 7:35 min/km

Rank in course/Total: 254 (of 305)

Rank in course/Men: 227 (of 271)

Best time in course: 3:01:21

Rank in category: 47(of 57)

Best time in the category: 3:07:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Runde	0.50	2:22	4:44	47	1:13	208	1:13	0.50	2:22	4:44	25	0:09	225	
Runde	3.47	22:42	6:32	55	9:11	243	9:11	3.97	25:04	6:18	25	3:23	249	
Runde	3.47	22:49	6:34	52	8:33	242	8:35	7.44	47:53	6:26	24	7:33	247	3:19
Runde	3.47	23:48	6:51	54	20:39	251	20:39	10.91	1:11:41	6:34	24	12:06	246	3:47
Runde	3.47	23:38	6:48	50	8:46	237	9:17	14.38	1:35:19	6:37	24	16:03	244	
Runde	3.47	24:38	7:05	50	9:50	237	10:13	17.85	1:59:57	6:43	24	20:04	243	25:55
Runde	3.47	24:49	7:09	50	9:53	225	10:14	21.32	2:24:46	6:47	24	23:18	242	57:38
Runde	3.47	26:20	7:35	50	11:10	234	11:48	24.79	2:51:06	6:54	24	26:27	242	1:09:03
Runde	3.47	28:13	8:07	48	12:23	236	13:48	28.26	3:19:19	7:03	22	17:49	237	1:22:02
Runde	3.47	29:32	8:30	48	13:18	235	14:33	31.73	3:48:51	7:12	22	21:23	235	1:35:20
Runde	3.47	30:41	8:50	50	13:59	231	15:14	35.20	4:19:32	7:22	22	26:16	230	1:45:22
Runde	3.47	28:43	8:16	39	11:26	203	12:51	38.67	4:48:15	7:27	22	29:06	229	2:03:07
Finish	3.47	31:18	9:01	44	13:53	228	15:42	42.18	5:19:33	7:34	47	2:12:30	227	2:18:12