



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Reinhardt, Guido

Club: Hash House Harriers Heidelberg
Number: 135

Course: 42.18 km
Marathon

Category:
Männer M50

Total time: 5:21:41

Speed: 7.83 km/h
Running performance: 7:38 min/km

Rank in course/Total: 255 (of 305)

Rank in course/Men: 229 (of 271)

Best time in course: 3:01:21

Rank in category: 42(of 47)

Best time in the category: 3:13:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	2:33	5:05	38	1:22	244	1:24	0.50	2:33	5:05	23	0:35	250	0:02
Runde	3.47	22:50	6:34	43	7:44	250	9:19	3.97	25:23	6:23	23	4:51	250	
Runde	3.47	22:17	6:25	39	7:27	224	8:03	7.44	47:40	6:24	22	6:36	248	3:06
Runde	3.47	23:22	6:44	44	8:25	242	20:13	10.91	1:11:02	6:30	22	8:35	247	3:08
Runde	3.47	24:44	7:07	44	9:37	252	10:23	14.38	1:35:46	6:39	22	11:06	245	
Runde	3.47	25:48	7:26	45	10:20	251	11:23	17.85	2:01:34	6:48	22	14:15	244	27:32
Runde	3.47	25:16	7:16	42	9:50	233	10:41	21.32	2:26:50	6:53	22	15:53	243	59:42
Runde	3.47	25:35	7:22	40	10:08	224	11:03	24.79	2:52:25	6:57	22	17:23	243	1:10:22
Runde	3.47	26:30	7:38	40	10:35	221	12:05	28.26	3:18:55	7:02	21	18:26	238	1:21:38
Runde	3.47	26:53	7:44	37	10:30	208	11:54	31.73	3:45:48	7:06	21	19:55	236	1:32:17
Runde	3.47	28:20	8:09	37	11:20	208	12:53	35.20	4:14:08	7:13	21	21:51	231	1:39:58
Runde	3.47	28:55	8:20	39	11:09	207	13:03	38.67	4:43:03	7:19	21	24:43	230	1:57:55
Finish	3.47	38:38	11:08	42	20:09	243	23:02	42.18	5:21:41	7:37	42	2:08:26	229	2:20:20