



# 11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

## Detailed evaluation

**Jensen, Lasse Taagaard**

Club: Aalborg Triathlon Klub  
Number: 133

Course: 42.18 km  
Marathon

Category:  
Männer M35

Total time: 3:05:20

Speed: 13.60 km/h  
Running performance: 4:23 min/km

Rank in course/Total: 3 (of 305)

Rank in course/Men: 3 (of 271)

Best time in course: 3:01:21

Rank in category: 1(of 32)

Best time in the category: 3:05:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	0.50	1:23	2:46	4	0:14	33	0:14	0.50	1:23	2:46	32		18	
Runde	3.47	14:13	4:05	1	-	12	0:42	3.97	15:36	3:55	32		18	
Runde	3.47	14:27	4:09	1	-	5	0:13	7.44	30:03	4:02	32		16	
Runde	3.47	14:52	4:17	1	-	7	11:43	10.91	44:55	4:07	32		15	
Runde	3.47	15:09	4:21	1	-	7	0:48	14.38	1:00:04	4:10	32		13	
Runde	3.47	15:24	4:26	1	-	7	0:59	17.85	1:15:28	4:13	32		12	
Runde	3.47	15:37	4:30	1	-	8	1:02	21.32	1:31:05	4:16	17		11	3:57
Runde	3.47	15:30	4:28	1	-	7	0:58	24.79	1:46:35	4:17	17		11	4:32
Runde	3.47	15:47	4:32	1	-	4	1:22	28.26	2:02:22	4:19	17		7	5:05
Runde	3.47	15:43	4:31	1	-	2	0:44	31.73	2:18:05	4:21	17		5	4:34
Runde	3.47	15:47	4:32	1	-	2	0:20	35.20	2:33:52	4:22	17		4	
Runde	3.47	15:52	4:34	1	-	1	-	38.67	2:49:44	4:23	17		3	4:36
Finish	3.47	15:36	4:29	1	-	1	-	42.18	3:05:20	4:23	1	-	3	3:59