



11. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 17.11.2012

Detailed evaluation

Kleinsorg, Frank

Club: ASFM-GÖTTINGEN

Number: 188

Course: 42.18 km

Marathon

Category:

Männer M40

Total time: 3:11:42

Speed: 13.15 km/h

Running performance: 4:32 min/km

Rank in course/Total: 5 (of 305)

Rank in course/Men: 5 (of 271)

Best time in course: 3:01:21

Rank in category: 1(of 54)

Best time in the category: 3:11:42

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	0.50	1:11	2:22	2	0:02	7	0:02	0.50	1:11	2:22	31		23		
Runde	3.47	14:05	4:03	1	-	4	0:34	3.97	15:16	3:50	31		15		
Runde	3.47	14:25	4:09	1	-	4	0:11	7.44	29:41	3:59	31		21		
Runde	3.47	14:30	4:10	1	-	4	11:21	10.91	44:11	4:02	30		20		
Runde	3.47	14:21	4:08	1	-	1	-	14.38	58:32	4:04	28		18		
Runde	3.47	14:49	4:16	1	-	3	0:24	17.85	1:13:21	4:06	28		17		
Runde	3.47	15:00	4:19	1	-	5	0:25	21.32	1:28:21	4:08	28		16	1:13	
Runde	3.47	15:46	4:32	1	-	9	1:14	24.79	1:44:07	4:11	28		16	2:04	
Runde	3.47	16:33	4:46	1	-	9	2:08	28.26	2:00:40	4:16	28		11	3:23	
Runde	3.47	17:30	5:02	1	-	13	2:31	31.73	2:18:10	4:21	40		9	4:39	
Runde	3.47	17:53	5:09	1	-	11	2:26	35.20	2:36:03	4:25	40		6	1:53	
Runde	3.47	35:39	10:16	51	18:04	246	19:47	38.67	3:11:42	4:57	40		5	26:34	
Finish	3.47	-	-	51		245		42.18	3:11:42	4:32	1	-	5	10:21	