



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

KREY, BERND

Club: Schotte e.V.

Number: 1038

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M60 (60-69 Jahre)

Total time: 1:03:05

Speed: 9.51 km/h

Running performance: 6:19 min/km

Rank in course/Total: 598 (of 618)

Rank in course/Men: 489 (of 500)

Best time in course: 31:03

Rank in category: 20(of 20)

Best time in the category: 41:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	13:27	6:43	20	7:12	498	7:24	2.00	13:27	6:43	4	2:58	354	4:57
Runde	2.00	12:57	6:28	20	6:51	494	6:51	4.00	26:24	6:35	4	5:52	459	14:06
Runde	2.00	12:49	6:24	20	6:24	492	6:35	6.00	39:13	6:32	4	8:14	462	20:41
Runde	2.00	12:33	6:16	19	6:01	480	6:17	8.00	51:46	6:28	4	10:14	456	26:58
Leichtathletikhalle	2.00	11:19	5:39	15	2:56	430	5:08	10.00	1:03:05	6:18	20	21:06	490	36:37