



# 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

## Detailed evaluation

Wiedemann, Thomas

Number: 441

Course: 5.50 km

5 km-Fitnesslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 28:52

Speed: 10.39 km/h

Running performance: 5:15 min/km

Rank in course/Total: 5 (of 31)

Rank in course/Men: 4 (of 11)

Best time in course: 20:21

Rank in category: 1(of 1)

Best time in the category: 28:52