



# 5. Lauf Rund um das Schaubergwerk Röhrigschacht des ASV Sangerhausen

Sangerhausen / 06.04.2013

## Detailed evaluation

**Exner, Lars**

Club: Sangerhausen

Number: 613

Course: 5.10 km

5,1 km Nordic Walking/ Wandern

Category:

Herren

Total time: 1:09:08

Speed: 4.34 km/h

Running performance: 13:34 min/km

Rank in course/Total: 6 (of 9)

Rank in course/Men: 5 (of 5)

Best time in course: 51:42

Rank in category: 5(of 5)

Best time in the category: 51:42